

**Effects of Virtual Reality and Immersive Learning, and Stimulating The Brain For Better  
Knowledge**

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## **Effects of Virtual Reality and Immersive Learning, and Stimulating The Brain For Better Knowledge**

As students' digital fluency increases, incorporating prevalent media such as immersive interfaces in the form of virtual reality can aid in designing the students' educational experience. Therefore, this experience allows for promoting increased learning, stimulation of the brain to absorb learning better and emulate the real-world.

### **Position**

The integration of virtual reality into the educational school system allows for a plethora of possibilities, including increased student involvement, greater comprehension, increased competency, students taking charge of their learning. Virtual realities are utilized for enhanced visual and interactive forms of learning, increasing student retention chances. This added contextual layer allows the students to connect between their lives, education, and reality. Allowing students to interact through virtual reality allows them to construct new learning and understanding, bringing to life the objects and subjects there are studying. "Using the situated learning environment created by VR, learners are allowed to operate the objects with their own hands, to observe and to experience carefully" (Liou & Chang, 2018, pg. 1). Virtual reality enhances the activities in which the student engages, immersing them in entirely and expending their attention, allowing for various interactions, and ultimately taking responsibility for their education.

### **Support Claims and Evidence**

As students' digital fluency increases, incorporating prevalent media such as immersive interfaces in virtual reality (VR) can help design the students' educational experience. Significant benefits for student learning in the VR landscape include improved motivation and retention of

student learning, a high level of interactivity and collaboration for interpersonal development, the promotion of active and experiential learning, and leveraged exposure to practical skills to deal with real-world demands to name a few. Therefore, this experience allows for promoting

Research indicates incorporating virtual environments in the form of virtual reality allows for a more immersive experience, stimulating the brain in such a way to absorb better and retain information. "Digital simulations are generally effective because they allow students to experience phenomena that are impossible or infeasible to visit otherwise, they are dynamic and interactive, and they scaffold and assess user learning" (Radu, 2012, pg. 314). Through virtuality, reality and the affordance of a real-world experience allows learners to be wholly immersed in the given virtual reality, allowing the brain to better transfer knowledge to the real world. "This encourages students to engage with the content actively and is likely a factor to improved learning" (Radu, 2012, pg. 314). Experiencing the task or event through various learning styles and appealing to learners' broader audience is vital. "Empowering a friendly learning environment for students and raising their learning interest and motivation" (Liou & Chang, 2018, p. 140). "Learning with game-based iVR provided a learning experience that was highly immersive, and immediate and personal by situating the learning in the learner's lived experience" (Bodzin et al., 2020, p. 197).

Teachers can encourage learning through this new modality and disseminate knowledge in ways never imagined before. "The preservice teachers identified several reasons that iVR could enhance their performance as future teachers, including improving access to learning ("being able to go to places that you can't reach otherwise"), providing a sense of immersion ("a real experience so it would be very good for empathy, sympathy and just building experience"), and transcending reality ("it can be fictional, it can be reality, it can be microscopic, it can be

macroscopic, ... potentially endless")" (Bower et al., 2020, p. 2221). Lastly, the knowledge gap between learning and experiencing is decreased with the immersive virtual reality experience. "VR courses breaks through the limitations of time and space, extends the scope of teaching materials" (Liou & Chang, 2018, p. 140). The preservice teachers identified several reasons that IVR could enhance their performance as future teachers, including improving access to learning ("being able to go to places that you can't reach otherwise"), providing a sense of immersion ("a real experience so it would be very good for empathy, sympathy and just building experience"), and transcending reality ("it can be fictional, it can be reality, it can be microscopic, it can be macroscopic, ... potentially endless").

Students have experienced learning in many various facets, including portfolio systems, video creating platforms, learning management systems, gaming apps, blogs, to name a few. Of all of the technologies incorporated into the classroom, nothing equates to implementing virtual reality. "Interactive multimedia in particular provides a powerful tool for both teachers and learners in the design of environments which enables student learning" (Semple, 2000, p. 21). Educational theories maintain knowledge is something that is building actively through real-world interactive experiences, not something that is passively absorbed. Research of this enhanced technology helps us understand "the potential advantage of immersive interfaces for situated learning is that their simulation of real world problems and contexts means that students must attain only near-transfer to achieve preparation for future learning" (Dede, 2009, p. 67). That "immersion may enhance transfer through simulation of the real world" (Dede, 2009). They are allowing the student to experience the real-world in the safety of their classrooms. "The operator can experience and observe various elements at close range" (Liou & Chang, 2018, pg.

2). "Adolescent learners demonstrated high levels of engagement and flow" (Bodzin et al., 2020, p. 197).

Traditional learning is swiftly becoming outdated. As learners embrace new technologies faster than their teachers, it is a challenge for teachers to stay afloat. Learning for the new generations requires teaching to become immersive, hands-on, and implemented in a way that appeals to this new generation of learners. Learners who are gamers and utilize such platforms may find it challenging to learn in the traditional classroom. Therefore, implementing virtual reality learners "can learn in a quick and happy mode by playing in the virtual environments" (Pan et al., 2006, p. 20). "Over 90% of students approved of using 3D immersive VR to enhance learning, stating it to be good and innovative" (Maheshwari & Maheshwari, 2020, p. 9).

Subject areas that were once difficult to understand, now with the use of "these applications show that VLE (virtual learning environment) can be means of enhancing, motivating and stimulating learners' understanding of certain events, especially those for which the traditional notion of instructional learning have proven inappropriate or difficult" (Pan et al., 2006, p. 20). "Students appreciated learning Physics using more graphical and animated approach as it would assist them in understanding the topics better" (Sulaiman et al., 2020, p. 5). Another study showed that "while the results clearly showed the positive conformity group to recall more about the lecture than the negative group, it was found that the control group, where the room was empty with no other students, had the greatest improvement in memory" (Maheshwari & Maheshwari, 2020, p. 9).

A study conducted by Dunleavy et al. (2009) to determine whether augmented (AR) and virtual reality (VR) aid or hinder the learning and teaching process. This multiple qualitative research case study was conducted in the northeastern United States and involved two middle

schools (6th and 7th grade) and one high school (10th grade). Through various means of data collection, "teachers and students reported that the technology-mediated narrative and the interactive, situated, collaborative problem-solving affordances of the AR simulation were highly engaging, especially among students who had previously presented behavioral and academic challenges for the teachers" (Dunleavy et al., 2009).

Other "studies have shown that immersion in a digital environment can enhance education in at least three ways: by allowing multiple perspectives, situated learning, and transfer" (Dede, 2009). Situated learning happens when students are placed in that environment or situation and can learn how to maneuver through the situation at hand. Situated learning is not feasible for all students or classrooms. What the integration of virtual reality does is allow "immersive interfaces can draw on the power of situated learning by enabling digital simulations of authentic problem-solving communities in which learners interact with other virtual entities (both participants and computer based agents) who have varied levels of skills" (Dede, 2009). Studies indicate "students in more immersive viewing conditions rated the content higher and were more inclined to repeat the experience" (Chua et al., 2019, p. 172). "When students use this technology, they feel more engaged and excited, in theory translating into more focus and better acquisition of knowledge" (Maheshwari & Maheshwari, 2020, p. 8).

## **Conclusion**

These studies support how VR has affected student learning. The results have indicated how VR can be integrated and effectively used in education classrooms to enhance student learning and create an environment to stimulate the mind for better retention. As mentioned in previous studies, students are given control of their learning environment. This control affords them the opportunity to enhance their learning. The fully immersive experience also allows them

to be fully engaged with little distraction for better retention of material, guiding them to a more conceptual understanding improvement. VR also allows the learners' to envision their ideas more clearly, reflect on their learning and experience, and prompts knowledge acquisition. Fostering the educational experience and appealing to the learner is crucial. VR will transform the way students learning occurs. Immersive learning through various forms of media to stimulate learning within students is essential. Taking learning from the classroom and bringing that knowledge into the real world is the core of immersive learning. Current research supports incorporating immersive learning, virtual reality into the classroom, optimizing the learner experiences to understand better what is being taught and transfer it to the real-world.

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